



3921- 39 Street
Red Deer, Alberta T4N 0Y6
Phone: 403-346-8951
Fax: 403-346-2125
www.staschool.ca

Grade 7 Option Descriptions (2022-2023)

Dear parents/guardians:

Students at St. Thomas are able to make requests for option classes that will occur in 3 terms during the 2022-2023 year.

- Term One: September 1 - November 24 (12 weeks)
- Term Two: November 28 - March 17 (13 weeks)
- Term Three: March 20 - June 28 (13 weeks)

Students will be able to make option **requests** for the year this week **online**. This selection process will be done as a google form that will be available on the [school website](#) from June 13-June 17.

Listed below are the different options available to choose from for the year. Students will be able to take **two** options during each term. Take some time to consider options that your child will be interested in. Students will rank the choices from most desirable to least desirable. Students may not get his/her top choices during the year, as there are over 600 students enrolled in the school. In addition, the ability to offer these options will depend on student interest.

OPTION DESCRIPTIONS

Art

In this class students will explore a variety of different media to complete art projects. This course is intended to help students improve their drawing (forms, composition, shading, perspective) and painting techniques (colour theory, styles, and mediums), as well as use non-traditional materials to create individual works of art.

Band

Students will have the opportunity to learn how to play a concert band instrument of their choice and will prepare for various performances throughout the year. Please note that this is a full year option.

Construction

Students develop skills in the use of tools and materials used in construction processes. Safely transform common wood materials into useful products.

Cosmetology

Students will learn about hair styling (braiding, curling) and esthetics-including nail care & skin care and have the opportunity to practice their skills in a safe environment. Part of this course will include the possibility of connecting with cosmetology facilities at a high school or community level and

learning about career related opportunities in this field. Join cosmetology for a hands-on experience!

Design Studies

Students will utilize their fine motor skills in creating a simple product with cross stitch patterns, knitting and other design materials.

Design Technology

The students will utilize their creativity to solve a variety of challenges and tasks. Activities will provide hands-on learning opportunities often not found within the regular classroom along with opportunities to use new technology in our school. This course will meet the STEAM objectives (Science, Technology, Engineering, Art, Math) in the form of critical thinking, problem solving, creativity and innovation, communication and collaboration. If you enjoy creating, building, technology, design and a challenge, this course is for you.

Drama

In drama 7 students will explore various forms of self confidence/team building, improv and drama games. We will be exploring performance etiquette/technique (facing audience, projection, body language). We also take a look behind the scenes with technical theatre, where we develop skills with makeup, props, or set design. Anyone from theatre regulars to students who are brand new to drama are welcome!

Environmental Stewardship

Students will explore various ways that we are called to care for God's creation - Earth. Learning opportunities include working within our aquaponics greenhouse as well as recycling and composting.

Foods

This is an introduction to foods. Students will be introduced to basic cooking techniques, kitchen safety, and nutrition through hands-on activities.

French

Introduction to the French Language. This is a beginner level french option introducing students to the new language.

Indigenous Studies:

Together, we will experience and gain appreciation for various Canadian Indigenous cultures, traditions, and languages, through interaction with a wide variety of Indigenous people, including elders and youth. Current and historical events, as well as in-person and virtual interactions and activities, will shape the course experience.

Leadership

Students will plan and implement school wide activities and a theme week during each term. Students will also choose different skills and interests they are passionate about and find a way to make a difference using those skills through community volunteering opportunities. Have your voice and choice in what happens in your community!

Photography and Film

Students will explore different areas of technology related to photography and film-making in a

modular system. Students will be able to create movie trailers, stop-motion animation videos, visual marketing and advertisements, and photography portfolios.

Programming Technology

Students will learn about computer programming through various online software. Students will then be able to develop their programming skills with Microbits & Makey Makey.